



Athletes (Under 18) Code of Conduct

Responsibilities – personal standards

Athletes must demonstrate proper personal behaviour and conduct at all times. This includes being aware of and following current governmental guidelines on public health in relation to COVID-19, which, at time of writing, includes:

- Personal hygiene measures such as face coverings and hand washings
- Social distancing, as necessary
- Not engaging in any physical contact with coaches, other athletes, volunteers or parents e.g 'high fives', handshakes

The above will be reviewed regularly as the situation changes.

As a child or young person under 18 years,

I have the right to:

- Be safe, and protected
- Be listened to
- Be respected and treated fairly
- Be believed
- Ask for help
- Be coached by someone who has the right qualifications

I and my child agree to abide by the Code of Conduct and the rules detailed in the Club Constitution, those of scottishathletics and UK Athletics. I will:

- Be friendly and supportive to other athletes.
- Keep myself safe.
- Tell my coach if I am ill or injured.
- Report inappropriate behaviour or risky situations to an adult.
- Compete fairly and respect other athletes and officials.
- Respect the rules of my club.
- Behave and listen to all instructions from my coach and officials.
- Take care of equipment owned or provided by the club, or training facility.
- Not use bad language or take part in inappropriate or illegal behaviour.
- Not bully anyone or pressure them to do things they do not want to, including online.
- Keep to agreed timings for all club activities.
- Tell my parents/carers where I am or if I'm going to be late.
- Not use my mobile phone during training, competitions, or in changing rooms.
- Not carry or consume alcohol or illegal substances.
- Use safe transport or travel arrangements.
- Not wear any football attire or colours to training sessions, events or any other club activities.



Breach of the Codes of Conduct:

I understand that if I do not follow this Code action can be taken by my club and I may:

- Be asked to apologise for my behaviour,
- Receive a verbal warning from my coach,
- Receive a verbal or written warning from the club committee,
- Be suspended from attending club training sessions,
- Be suspended or required to leave the club,

Additionally: My club will always tell my parent/carer if I breach the Code of Conduct.

I hereby state that I have read the above and agree to abide by the code of conduct.

Athlete

Parent/carer

Name:

Name:

Signature:

Signature:

Date:

Date:

** Please complete and return this form to your coach or, if completing electronically, send to the Club Welfare Officer:

Pauline Russell

pauline.russell@motherwellac.com

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