

Emergency Procedures

The following procedures must be carried out in case of an emergency:

- Parents must ensure that all contact details and medical information is up to date;
- Coaches should carry such details with them at all times when working with athletes in their care;
- All coaches should have access to ice packs and simple first aid equipment.

In the case of an emergency:

- Dial 999 and contact a first aider;
- Contact parents.

In the case of a minor injury:

- Contact a first aider;
- Let parents know what happened at the end of training session.

In all cases an accident report should be filled in and given to the welfare officer – see appendix H.