



Parent/Carer Code of Conduct

Responsibilities – personal standards

As a parent or carer of an athlete, you must demonstrate proper personal behaviour and conduct at all times. **This includes being aware of and following current governmental guidelines on public health in relation to COVID-19, which, at time of writing, includes:**

- Personal hygiene measures such as face coverings and hand washings
- Social distancing, as necessary
- Not engaging in any physical contact with coaches, other athletes, volunteers or parents e.g 'high fives', handshakes

Although the club will make every effort to advise you on relevant changes, it is important you remain aware of the guidance for athletics clubs outlined on the Scottish Athletics website and do not make decisions which will knowingly put yourself or others at risk of infection.

The above will be reviewed regularly as the situation changes.

I agree to abide by the Code of Conduct and the rules detailed in the Club Constitution, those of scottishathletics and UK Athletics. I will:

- Demonstrate respectful behaviour at all times.
- Set a good example and encourage my child to learn the rules of the sport and compete within them at all times.
- Help my child to recognise good performance, and not just results.
- Make athletics fun.
- Never force my child to take part in sport if they do not want to.
- Never punish or belittle my child for losing or making mistakes.
- Use correct and appropriate language at all times.
- Check the qualifications and licences of people who are coaching or managing my child, or offering a service connected to athletics such as physiotherapy, massage or nutritional advice.
- Know exactly where my child will be and who they will be with at all times.
- Assume responsibility for safe transportation of my child to and from training and competition.
- Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before my child goes to any away events or trips.
- Provide any necessary medication that my child needs for training or trips away.
- Report any concerns about my child's (or any other child's) welfare to the Club Welfare Officer, or National Welfare Officer. (This does not affect your right to contact your local social services or the police if you feel it is necessary).

Good spectator behaviour:

I understand that inappropriate pressure on children, and poor behaviour of adult spectators can sometimes make children drop out of sport. I accept that this code promotes good spectator behaviour, and understand that if I verbally abuse children, coaches or officials action will be taken.



Breach of the Codes of Conduct:

I understand that if I do not follow the Code action can be taken by my club and I may:

- Be asked to apologise for my behaviour,
- Receive a verbal warning from my coach,
- Receive a verbal or written warning from the club committee,
- Be suspended from attending club training sessions and events,
- Be suspended from the club,
- Be required to leave the club.

I hereby state that I have read the above and agree to abide by the code of conduct.

Print name _____

Signed _____

Date _____

** Please complete and return this form to your coach or, if completing electronically, send to the Club Welfare Officer:

Pauline Russell

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Updated 03/12/2020